

NOMBRE:  
TELEFONO:  
DIRECCION:

**LUNES**

**ESCOGER UNO**

BISTEC ENCEBOLLADO
CARNE CON PAPA
CHICKEN CAESAR SALAD*
CHICKEN SALAD*
CHICKEN TENDER
CHULETA DE CERDO
EMPANADA DE JAMON Y QUESO(3)*
FILETILLO DE RES SALTEADO
LOMO DE CERDO EMPANIZADA
PESCADO C/VEGETALES
POLLO AL HORNO
SOPA DE POLLO
SPAGUETTI SALSA ALFREDO C/POLLO
SPRING SALAD *
TORTILLA DE JAMON Y QUESO
TUNA SALAD*
PAN CON BISTEC *
SANDWICH CHURRASCO ITALIANO*
SANDWICH DE CROQUETA*
SANDWICH DE TUNA*
SANDWICH POLLO ITALIANO*

**ESCOGER DOS**

ARROZ ARABE
ARROZ BLANCO
ARROZ C/ VEGETALES
ARROZ MORO/CONGRI
TOMATE C/ PEPINO
FRIJOLES
MADUROS
PAPAS HERVIDAS
PAPAS FRITAS
PURE DE PAPAS
SOPA DEL DIA
TOSTONES
BROCOLI
YUCA

**SODAS**

AGUA	
REGULAR	DIETA
JUGO	

www.LosHornosRestaurant.com  
4615 NW 72 AVE SUITE 113 MIAMI FL 33166  
305-418-8661 PHONE

NOMBRE:  
TELEFONO:  
DIRECCION:

**MARTES**

**ESCOGER UNO**

CHICKEN CAESAR SALAD*
CHICKEN SALAD*
EMPANADA DE CARNE(3)*
FRICASE DE CERDO
HIGADO A LA ITALIANA
HUEVOS FRITOS
PECHUGA DE POLLO
PESCADO EN SALSA
POLLO A LA BARAOCA
POLLO FRITO
RAVIOLI AL PESTO
SOPA DE LENTEJAS
SPAGUETTI C/JAMON Y QUESO
TORTILLA DE VEGETALES
TUNA SALAD*
VACA FRITA
SPRING SALAD*
PAN CON BISTEC *
SANDWICH CHURRASCO ITALIANO*
SANDWICH DE CROQUETA*
SANDWICH DE TUNA*
SANDWICH POLLO ITALIANO*

**ESCOGER DOS**

ARROZ ARABE
ARROZ BLANCO
ARROZ C/ VEGETALES
ARROZ MORO/CONGRI
CAESAR SALAD
FRIJOL COLORADO
MADUROS
SWEET POTATO
PAPAS FRITAS
PURE DE PAPAS
SOPA DEL DIA
TOSTONES
VEGETALES MIXTOS
YUCA

**SODAS**

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REGULAR	DIETA
JUGO	

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NOMBRE:  
TELEFONO:  
DIRECCION:

**MIERCOLES**

**ESCOGER UNO**

ALBONDIGAS C/SALSA
ARROZ CON POLLO
BISTEC DE RES EMPANIZADO
CERDO A LA NAPOLITANA
CHICKEN CAESAR SALAD*
CHICKEN SALAD*
HUEVOS FRITOS
MACITAS DE PUERCO
PALOMILLA
PASTEL DE PAPAS*
PECHUGA C/CHAMPINONES
PESCADO AL HORNO
PICADILLO DE RES
ROPA VIEJA
SOPA DE CHICHARO
TILAPIA FRITA
TORTILLA DE JAMON Y QUESO
TUNA SALAD*
SPRING SALAD*
PAN CON BISTEC *
SANDWICH CHURRASCO ITALIANO*
SANDWICH DE CROQUETA*
SANDWICH DE TUNA*
SANDWICH POLLO ITALIANO*

**ESCOGER DOS**

ARROZ ARABE
ARROZ BLANCO
ARROZ MORO/CONGRI
SWEET POTATO
ENSALADA MIXTA
FRIJOLES
MADUROS
PAPAS HERVIDAS
PAPAS FRITAS
PURE DE PAPAS
SOPA DEL DIA
TOSTONES
VEGETALES SURTIDOS
YUCA

**SODAS**

AGUA	
REGULAR	DIETA
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NOMBRE:  
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DIRECCION:

**JUEVES**

**ESCOGER UNO**

ARROZ FRITO
BISTEC ENCEBOLLADO
CARNE DE RES CHAMPINONES
CHICKEN CAESAR SALAD*
CHICKEN SALAD*
FRICASE DE POLLO
HUEVOS FRITOS
LASAGNA DE CARNE *
LOMO DE CERDO
PECHUGA DE POLLO
PECHUGA EMPANIZADA
PESCADO A LA PARRILLA
POLLO A LA NAPOLITANA
SOPA DE RES
TORTILLA DE ZANAHORIA
TRONCHO DE PESCADO
TUNA SALAD*
SPRING SALAD*
FILETILLO DE POLLO
PAN CON BISTEC *
SANDWICH CHURRASCO ITALIANO*
SANDWICH DE CROQUETA*
SANDWICH DE TUNA*
SANDWICH POLLO ITALIANO*

**ESCOGER DOS**

ARROZ ARABE
ARROZ BLANCO
ARROZ C/ VEGETALES
ARROZ MORO/CONGRI
TABULE
FRIJOLES
MADUROS
PAPAS HERVIDAS
PAPAS FRITAS
PURE DE PAPAS
SOPA DEL DIA
TOSTONES
MAIZ EN MAZORCA
YUCA

**SODAS**

AGUA	
REGULAR	DIETA
JUGO	

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NOMBRE:  
TELEFONO:  
DIRECCION:

**VIERNES**

**ESCOGER UNO**

ARROZ IMPERIAL*
CARNE DE RES AL HORNO
CHICKEN CAESAR SALAD*
CHICKEN SALAD*
CHICKEN TENDER
CHULETAS AHUMADA
EMPANADA DE POLLO(3)*
FILETILLO DE POLLO AL BBQ
FILETILLO DE RES SALTEADO
PALOMILLA C/CHAMPINONES
PECHUGA DE POLLO
PESCADO C/QUESO
SOPA DE POLLO
SPAGUETTI CON CARNE
SPRING SALAD *
TORTILLA A LA ESPANOLA
TUNA SALAD*
HAMBURGUEZA C/PAPAS*
PAN CON BISTEC *
SANDWICH CHURRASCO ITALIANO*
SANDWICH DE CROQUETA*
SANDWICH DE TUNA*
SANDWICH POLLO ITALIANO*

**ESCOGER DOS**

ARROZ ARABE
ARROZ BLANCO
ARROZ C/ VEGETALES
ARROZ MORO
PAPAS MAYO
FRIJOLES
MADUROS
PAPAS HERVIDAS
PAPAS FRITAS
PURE DE PAPAS
SOPA DEL DIA
TOSTONES
VEGETALES SALTEADOS
YUCA

**SODAS**

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REGULAR	DIETA
JUGO	

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TENDRÁS UN 5% DESCUENTO EN TU PRIMER PEDIDO  
GET A 5% OFF ON YOUR FIRST ORDER



**ORDER ONLINE**

HEALTHY FOOD

\*Platos marcados con asterisco no pueden escoger acompañantes.

NAME	NAME	NAME	NAME	NAME
PHONE	PHONE	PHONE	PHONE	PHONE
ADDRESS	ADDRESS	ADDRESS	ADDRESS	ADDRESS

<u>MONDAY</u>		<u>TUESDAY</u>		<u>WEDNESDAY</u>		<u>THURSDAY</u>		<u>FRIDAY</u>	
<u>PICK ONE</u>		<u>PICK ONE</u>		<u>PICK ONE</u>		<u>PICK ONE</u>		<u>PICK ONE</u>	
STEAK WITH ONIONS		CHICKEN CAESAR (ONLY THIS)		CHICKEN WITH RICE		STEAK WITH ONIONS		IMPERIAL RICE	
MEAT WITH POTATOES		CHICKEN SALAD(ONLY THIS)		BREADED STEAK		CHICKEN CAESAR (ONLY THIS)		BAKED BEEF	
CHICKEN CAESAR (ONLY THIS)		STEAK WITH ONION & PEPPER		CHICKEN CAESAR (ONLY THIS)		CHICKEN SALAD(ONLY THIS)		CHICKEN CAESAR (ONLY THIS)	
CHICKEN SALAD(ONLY THIS)		PORK WITH SAUCE		CHICKEN SALAD(ONLY THIS)		PORK FRIED		CHICKEN SALAD(ONLY THIS)	
PORK CHOP		STEAK WITH ONIONS		PORK LOIN		CHICKEN W/ ONIONS & PEPPERS		CHICKEN W/ ONIONS & PEPPERS	
CHICKEN W/ ONIONS & PEPPERS		CHICKEN BREAST		STEAK WITH ONIONS		CHICKEN BREAST		CHICKEN WITH SAUCE	
CHICKEN BREAST		FISH WITH SAUCE		POTATO CAKE		BREADED CHICKEN		STEAK WITH ONIONS	
FISH WITH SAUCE		CHICKEN WITH SOY		CHICKEN BREAST		GRILLED FISH		BBQ CHICKEN	
BAKED CHICKEN		RAVIOLI AL PESTO		BEEF IN TOMATO SAUCE		SMOKED PORK CHOP		FISH WITH SAUCE	
CHICKEN SOUP		LENTIL SOUP		SPLEAT PEA SOUP		BEEF SOUP		VEGETABLES SOUP	
SPAGUETTI W/ ALFREDO SAUCE		OMELETTE		FRIED TILAPIA FISH		OMELETTE		SPAGUETTI WITH MEAT	
OMELETTE		TUNA SALAD(ONLY THIS)		OMELETTE		FISH STICKS		OMELETTE	
TUNA SALAD (ONLY THIS)		GRILLED BEEF WITH ONION		TUNA SALAD (ONLY THIS)		TUNA SALAD (ONLY THIS)		TUNA SALAD (ONLY THIS)	
<u>PICK TWO</u>		<u>PICK TWO</u>		<u>PICK TWO</u>		<u>PICK TWO</u>		<u>PICK TWO</u>	
ARABIC RICE		ARABIC RICE		ARABIC RICE		ARABIC RICE		ARABIC RICE	
WHITE RICE		WHITE RICE		WHITE RICE		WHITE RICE		WHITE RICE	
RICE WITH VEGETABLES		RICE WITH VEGETABLES		RICE WITH VEGETABLES		RICE WITH VEGETABLES		RICE WITH VEGETABLES	
RICE WITH BEANS		RICE WITH BEANS		RICE WITH BEANS		RICE WITH BEANS		RICE WITH BEANS	
MIXED SALAD		MIXED SALAD		MIXED SALAD		MIXED SALAD		MIXED SALAD	
BEANS		BEANS		BEANS		BEANS		BEANS	
PLANTAINS		PLANTAINS		PLANTAINS		PLANTAINS		PLANTAINS	
BOILED POTATO		BOILED POTATO		BOILED POTATO		BOILED POTATO		BOILED POTATO	
FRENCH FRIES		FRENCH FRIES		FRENCH FRIES		FRENCH FRIES		FRENCH FRIES	
MASHED POPATO		MASHED POPATO		MASHED POPATO		MASHED POPATO		MASHED POPATO	
DAILY SOUP		DAILY SOUP		DAILY SOUP		DAILY SOUP		DAILY SOUP	
FRIED PLANTAINS		FRIED PLANTAINS		FRIED PLANTAINS		FRIED PLANTAINS		FRIED PLANTAINS	
MIXED VEGETABLES		MIXED VEGETABLES		MIXED VEGETABLES		MIXED VEGETABLES		MIXED VEGETABLES	
YUCCA		YUCCA		YUCCA		YUCCA		YUCCA	
<u>SODAS</u>		<u>SODAS</u>		<u>SODAS</u>		<u>SODAS</u>		<u>SODAS</u>	
REGULAR		REGULAR		REGULAR		REGULAR		REGULAR	
DIET		DIET		DIET		DIET		DIET	